

# THE SCOOP

FAMILY PROMISE OF WAKE COUNTY'S MONTHLY NEWSLETTER



## TAKE A PEEK!

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## DIRECTOR'S CORNER

SCOTT FERRIS

### WHAT IS NIGHT WITHOUT A BED?

Night Without A Bed is a social media challenge to raise awareness about family homelessness.

### WHEN IS NIGHT WITHOUT A BED?

June 26, 2021

### HOW TO PARTICIPATE:

We ask participants to sleep anywhere without a bed: car, tent, or a living room floor and post it to social media. Post a photo or video to social media using #NightWithoutABed. You can donate at [familypromise.org](https://familypromise.org).

### WHO SHOULD PARTICIPATE?

Families, children, and Family Promise volunteers!



## AFFORDABLE RECIPE OF THE MONTH

### BURGERS



#### Ingredients:

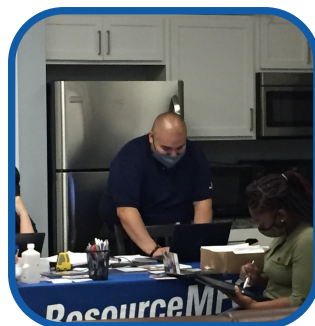
- Ground chuck – 80 lean/20 fat ratio
- Crushed crackers or Panko bread crumbs
- Worcestershire sauce
- Egg
- Milk
- Seasonings

- Warm skillet on the stove
- Place ground beef, crushed crackers, egg, Worcestershire sauce, milk, and spices in bowl
- Use your hands to thoroughly combine until the mixture is very smooth.
- Press the meat down in the bowl, into an even disk.
- Use a knife to cut and divide the hamburger patty mixture into 6 – 1/3 pound skillet patties or 12 thin griddle patties.
- Place in skillet and cook to the desired temperature
- Remove patties and dress as you like .... onions, pickles, cheese, bacon .... YUM!

## PROGRAM UPDATES

### SPRING JOB FAIR:

Family Promise held its Annual Spring Job Fair this past week. Employers from McDonalds and Prologics & Resource MFG were onsite to meet with clients about potential opportunities. Additionally, HeadStart was working with families to register children in their program.



### EMERGENCY SHELTER REMINDER:

**Return to rotational host model has been moved to November 7, 2021.**

### ANNOUNCEMENTS:



Family Promise of Wake County

**WE'RE  
LOOKING  
FOR...**

**Office Manager  
Case Manager and  
Social Media Intern**

For more information,  
visit [www.familypromisewakenc.org/news](http://www.familypromisewakenc.org/news)