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THE SCOOP

FAMILY PROMISE OF WAKE COUNTY'S MONTHLY NEWSLETTER

TAKE A PEEK!

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DIRECTOR'S CORNER

SCOTT FERRIS

April is National Child Abuse and Neglect Prevention Month.

Every child deserves to grow up in a safe, stable, and nurturing environment. This month recognizes the importance of communities working together to help families thrive and prevent child maltreatment. During the month of April and throughout the year, communities across our great country are encouraged to increase their awareness about child and family well-being and work together to implement effective strategies that support families and prevent child abuse and neglect. Children are the foundation of our society, our community and our future. This year's theme for National Child Abuse Prevention Month is "Thriving Children and Families: Prevention With Purpose." Over my first five months with Family Promise, I have definitely seen families and children thriving as we work together to fulfill our Mission: To move families experiencing homelessness into sustainable, permanent housing in our community through a continuum of supportive services. Every time that I meet (by Zoom or in person) with our staff, volunteers, board members and donors, I feel energized by our shared passion and commitment to help our families thrive while keeping them together. Together, we are keeping families together.

Together we are keeping children safe. Together we are building a stronger community and a brighter future. On behalf of the Board and Staff of Family Promise of Wake County, I thank you for your ongoing support and partnership efforts in helping families thrive, now during Child Abuse Prevention Month and throughout the year.

AFFORDABLE RECIPE OF THE MONTH

PASTA E FAGOLI

Ingredients:

1 lb Ground Beef
1 small Onion (diced)
1 Lg Carrot (julienned)
3 Stalks Celery (chopped)
2 Cloves Garlic (minced)
2 14.5-oz cans Diced Tomatoes
1 15- oz can Red Kidney Beans (with liquid)
1 15- oz can Great Northern Beans (with liquid)
1 15- oz can Tomato Sauce
1 12- oz can V-8 juice
1 TBS White Vinegar
1 tsp Table Salt
1 tsp Oregano
1 tsp Basil
1/2 tsp Thyme
1/2 tsp Pepper
1/2 lb (1/2 pkg.) Ditali or Tubitini Pasta

- Brown the ground beef in a large saucepan or pot over medium heat. Drain off most of the fat.
- Add onion, carrot, celery and garlic and sauté for 10 minutes.
- Add remaining ingredients, except pasta, and simmer for 1 hour.
- About 50 minutes into the simmering, cook the pasta in 1 1/2 to 2 quarts of boiling water over high heat. Cook for 10 minutes or just until pasta is al dente, or slightly tough.
- Drain.
- Add the pasta to the large pot of soup. Simmer for 5 to 10 minutes more and serve.

PROGRAM UPDATES

WELCOME: NEW CASE MANAGER

JACKIE ROUNDTREE

Hello everyone! My name is Jacqueline (Jackie) Roundtree. I was born and raised in Washington, DC. I moved to the Durham area in 2017 to obtain my Masters Degree in Social Work from North Carolina Central University and graduated in May of 2019. I am/have been very compassionate about helping others since I was able to walk. I have been working with underserved families for almost six years and families experiencing homelessness for two years now. I thank the Family Promise family for welcoming me and I look forward to my journey here at the agency!

VOLUNTEER OPPORTUNITY HIGHLIGHT: MONDAY NIGHT CHILDCARE

FPWC LIFE SKILLS CLASSES RESUME ON MONDAY, MAY 3, 2021

Our life skills classes focus on preparing families for independent living. All guests residing in our transitional housing are required to attend these classes on Monday evenings to learn about budgeting, finance, cooking, and a host of other life skills.

During these times, we need individuals or small groups to provide care and/or dinner for the children while our adult guests are in life skills classes from 5:45 until 7:30 pm.

A background check is required for child care providers.

Sign up: https://www.signupgenius.com/go/5080845A5AA2EA7FF2-monday1

ADDTIONAL VOLUNTEER OPPORTUNITIES:

- Maintenance - paint Day Center Trim and/or exterior trim at THP
- Renovation - add vent grate above office door in Day Center